



Earlybird

Online Resources

Prevent teen substance abuse before it's a problem or access help when it is



Washington Health Alliance

Areas of Service

- Prevention

Examples of Resources for Parents

- [Opioid Medication & Pain: What You Need to Know](#)

Method of Contact

- **Phone:** (206) 448-2570
- [Contact form](#)

Locations

- 600 Stewart Street, Suite 824 Seattle, WA 98101



DEA

Areas of Service

- Prevention

Examples of Resources for Parents

- [Parental Guide to Prevention - Growing Up Drug-Free](#)

Method of Contact

- **Phone:** (202) 307-7936 (Office of Congressional and Public Affairs Drug Prevention)

Locations

- 8701 Morrissette Drive Springfield, VA 22152



Earlybird

Start talking now

Areas of Service

- Prevention
- Possible Drug Use

Examples of Resources for Parents

- Every Conversation Counts: Suggested questions and answers to talk about to child about marijuana and alcohol
- Find Resources: 1 min videos for parents to have a bond with kids, set boundaries, and monitor circle of friends
- Facts about Teens and Marijuana
- Parental Guide to Raising Drug-Free Kids
- How to Talk About Marijuana
- Parental Guide to Preventing Underage Marijuana Use

Method of Contact

- **Email:** julee.christianson@hca.wa.gov

Locations

- 600 Stewart Street, Suite 824 Seattle, WA 98101



ParentWiser

Areas of Service

- Prevention
- Possible Drug Use
- Discovered Drug Use

Examples of Resources for Parents

- Recordings about "Teen Vaping"

Method of Contact

- Contact form

Locations

- 5150 220th Ave SE Issaquah, WA 98029



Stop Overdose

Areas of Service

- Prevention
- Possible Drug Use
- Discovered Drug Use
- Addiction

Examples of Resources for Parents

- [The Parents 20 Minute Guide](#) with free downloads of each topic

Method of Contact

- **Email:** stopovd@uw.edu
- **Phone:** (206) 685-5632



Partnership to End Addiction

Areas of Service

- Prevention
- Possible Drug Use
- Discovered Drug Use
- Addiction

Examples of Resources for Parents

- Connect with specialist
- Get peer support through Zoom call
- Get parent coaching over the phone sessions
- Get help by texting
- Take skill building courses to address teen substance use

Method of Contact

- **Phone:** Online form to [schedule a call](#) or call (212) 841-5200
- **Email:** Online form to [email a specialist](#) or email contact@toendaddiction.org
- **Text:** CONNECT to 55753

Business Hours

- Monday - Friday: 9:00 AM - 5:30 PM (EST)

Locations

- 711 Third Avenue 5th Floor, Suite 500 New York, NY 10017



Earlybird

Substance Abuse & Mental Health Services Administration (SAMHSA)

Areas of Service

- Prevention
- Possible Drug Use
- Discovered Drug Use
- Addiction

Examples of Resources for Parents

- 24 hour free and confidential referrals and information about mental and/ or substance use disorders, prevention treatment, and recovery
- Find treatment based on your location
- [Things to Know About the Risks of Party Culture](#)
- [Underage Drinking Parents Resources](#)

Method of Contact

- **Phone:** (800) 662-4357 (National Drug Helpline)
- **Email:** SAMHSAInfo@samhsa.hhs.gov

Business Hours

- 24 hour helpline

Locations

- 5600 Fishers Lane, Rockville, MD 20857



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Get Smart About Drugs

Areas of Service

- Prevention
- Possible Drug Use
- Discovered Drug Use
- Addiction

Examples of Resources for Parents

- [Parental guide to Prevention - Growing up Drug-Free](#)
- [Why do Teens Use Drugs](#)
- [What's Happening in Your Child's School](#)

Method of Contact

- **Phone:** (202) 307-7936

Locations

- 8701 Morrisette Drive Springfield, VA, 22152



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National Institute of Health (NIH)/ National Institute on Drug Abuse (NIDA)

Areas of Service

- Prevention
- Discovered Drug Use
- Addiction

Examples of Resources for Parents

- [Principles of Adolescent Substance Use Disorder Treatment](#)
- [Principles of Drug Addiction Treatment](#)
- [Opiate Information](#)

Method of Contact

- **Phone:** (800) 662 4357 (National Drug Helpline)

Business Hours

- 24 hour helpline